

# **PARENT & YOUTH MENTAL HEALTH WELLNESS ENGAGEMENT**

## **14 MEMBER NATIONS**

Ocean Man, Kahkewistahaw, Cote, Keeseekoose, Key, Zagime Anishinabek, Cowessess, Pheasant Rump, White Bear, Ochapowace, Peepeekisis, Star Blanket, Nekanet, and Little Black Bear

**LOCATION: FIRST NATION UNIVERSITY (ATRIUM)  
REGINA, SK**

**DATE: MARCH 19 & 20, 2020**

**TIME: 9:00AM—3:30PM**

**Pre-Registration is Required**

Please contact Yellow Thunderbird Lodge  
Prevention Office in Regina @ 306-337-1200



## **PRESENTATION TOPICS**

- ◆ **Anxiety**
- ◆ **Depression**
- ◆ **Suicide Prevention**
- ◆ **Bullying**
- ◆ **Self Esteem Building**
- ◆ **Social Media Safety**

**Breakfast, Lunch & Snacks will be Provided  
Door Prizes and Draws!**

**\*Disclaimer YTL CFS/YTCCFS Inc. is NOT responsible for desolate travelers, theft, injuries or other mishap**





## PARENT & YOUTH

# Mental Health Wellness Engagement Pre-Registration

The Yellow Thunderbird Lodge Prevention Staff, take this opportunity to invite you to a Conference with your children. The conference is held at the following location:

**FIRST NATION UNIVERSITY (ATRIUM) REGINA, SK.**

**March 19th and 20th 9:00AM – 3:30PM Each day (Youth ages 12 – 20)**

**PARENT & YOUTH Mental Health Wellness Engagement Registration**  
(Return this Portion to the event if you are able to print off and sign, if not, you can sign the day of the event)

1. Parents: \_\_\_\_\_ First Nation and Treaty #: \_\_\_\_\_

Contact Number \_\_\_\_\_

2. Name: \_\_\_\_\_ First Nation and Treaty #: \_\_\_\_\_ Age: \_\_\_\_\_

3. Name: \_\_\_\_\_ First Nation and Treaty #: \_\_\_\_\_ Age: \_\_\_\_\_

4. Name: \_\_\_\_\_ First Nation and Treaty #: \_\_\_\_\_ Age: \_\_\_\_\_

5. Name: \_\_\_\_\_ First Nation and Treaty #: \_\_\_\_\_ Age: \_\_\_\_\_

6. Name: \_\_\_\_\_ First Nation and Treaty #: \_\_\_\_\_ Age: \_\_\_\_\_

Primary Email address: \_\_\_\_\_

Parental Signature X \_\_\_\_\_

**Please Detach this portion to Keep as a Reminder for the event**

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